

Kepakemapa/September 2007

Lāpule	Pö'akahi	Pö'alua	Pö'akolu	Pö'ahā	Pö'alima	Pö'aono
						1 Do something your child wants to do
	3 Sing your child's favorite song	4 Have your keiki make a special treat	5 Support your keiki if they want to do something	6 Teach your keiki their shapes	7 Visit your local library	8 Play "Simon Says"
9	10 Practice your keiki's numbers on a clock	11 Give your mom or dad a hug	12 Help your child make a picture with some stickers	13 Find objects that are round like a circle	14 Read to your keiki before bedtime	15 Make popcorn and watch your keiki's favorite movie
16	17 Count groups of ten, using cereal	18 Keep a list of healthy, fast, inexpensive meals	19 Make macaroni and cheese with your keiki	20 Find objects around the house that look like a square	21 Visit your local library	22 Do some yard work with your keiki
23	24 Have your keiki practice writing their name	25 Have your keiki paint a picture with washable paints	26 Play counting games like "How many doors are in this house?"	27 find objects around the house that look like a triangle	28 Read to your keiki before bedtime	29 Go to the bookstore and let your keiki buy a book
30						

'Ölelo No'eau

Aia ke ola I ka hana- life is in labor